ICC MEMO
ANTI-DOPING

To	ICC Members from the Europe region
Cc	Esther DeLange
From	Vanessa Hobkirk
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Dear Members,

As the International Federation for Cricket, the ICC is committed to supporting its Members in the fight against doping in sport and in doing so I would like to share with you some of the anti-doping resources that will assist you in raising the awareness of anti-doping and delivering effective education to players and support personnel using suitable activities.

Members are also encouraged to contact their National Anti-Doping Organisations (NADOs) to assist with all aspects of anti-doping, in particular player education.

Anti-Doping resources		
Resource	**Description & link**	**Usage**
WADA 2019 Prohibited List *(document)*	The World Anti-Doping Agency (WADA) Prohibited List is the list of prohibited substances and methods incorporated into the ICC Anti-Doping Code. This is the list that players should use to determine what is prohibited in and out-of-competition. The List is updated annually and comes into effect on 1 January each year. https://www.wada-ama.org/sites/default/files/wada_2019_english_prohibited_list.pdf	To be placed on Member's website for participants to easily access
ICC Integrity App	The ICC Integrity App provides easy access to important Anti-Doping and Anti-Corruption information relevant to all cricket stakeholders in particular players and team officials. The Anti-Doping section of the app includes useful information such as the current Prohibited List, the sample collection procedure, the dangers of using supplements, the Therapeutic Use Exemption process and the different anti-doping rule violations. The App is also a secure and easy channel through which to report any suspicious incidents or behaviour, whether related to corruption, doping, or other integrity concerns. The ICC strongly encourages all cricket stakeholders in particular players and team officials to download the ICC Integrity app from Google Play or the App Store.	Encourage all participants to download the ICC Integrity app
ICC Integrity *(video)*	A one minute awareness video that reminds players to play the sport they love with integrity. https://www.icc-cricket.com/about/integrity/anti-doping/code	Use during education sessions
ICC Anti-Doping Pocket Guide *(printable resource)*	The ICC player's Anti-Doping pocket guide is a resource that highlights a player's responsibilities and provides advice to players on their responsibilities, Therapeutic Use Exemptions (TUEs), sample collection process and anti-doping in general. This guide also includes the WADA Prohibited List and is updated every year.	To be distributed to players and support personnel

Anti-Doping resources		
Resource	Description & link	Usage
	https://pulse-static-files.s3.amazonaws.com/ICC/document/2019/01/03/63d4c1cf-cda6-4f3c-aad5-9f4494a6be58/2719-18-ICC-AD-Downloadable-Guide-2019.pdf	
Doping Control Process *(video)*	This video developed by the World Anti-Doping Agency helps players better understand the doping control process for both blood and urine testing. https://www.icc-cricket.com/about/integrity/anti-doping/education-and-awareness	Use for anti-doping education and place on website for participants to easily access
Dangers of Doping *(leaflet)*	This leaflet educates players and support personnel on the health risk associated with the use of different categories of prohibited substance on the WADA Prohibited List. https://www.wada-ama.org/sites/default/files/resources/files/WADA_Dangers_of_Doping_EN.pdf	Can be printed and distributed to players and support personnel
ADeL *(e-learning platform)*	WADA's anti-doping e-learning platform (ADeL) offers free access to all topics related to clean sport and anti-doping. It offers courses for athletes, coaches, doctors, administrators and anyone interested in learning more about anti-doping and protecting the values of clean sport. ADeL can be accessed on different formats and devices, including phones and tablets. Users will also be able to demonstrate competence with each course by acquiring a certificate following a test. ADeL currently includes different modules. The ICC recommends players and support personnel use ALPHA. https://adel.wada-ama.org/	Encourage players to complete the e-learning module 'ALPHA' prior to the cricketing season once every year.
National Cricket Federation's Anti-Doping Rules template	Members who do not have Anti-Doping Rules through their NADO's are encouraged to use the NCF Anti-Doping Rules template developed by the ICC. For assistance in adopting the template please contact the ICC Anti-Doping team https://pulse-static-files.s3.amazonaws.com/ICC/document/2017/03/06/a6a222d3-6534-43d0-ac7d-81753e779c76/The-National-Cricket-Federation-s-AD-rules-template-Dec16.pdf	For Members to adopt and place on website, if they do not already have anti-doping rules in place.

I encourage all Members to use these resources and work with the ICC to help maintain the integrity of the sport of cricket, protect the health and rights of all participants in the sport of cricket and keep the sport of cricket free from doping.

Should any Member require assistance in using any of the above listed resources please do not hesitate to contact the ICC Anti-Doping team on the contact details listed below.

ICC Anti-Doping team
E-mail – anti-doping@icc-cricket.com
Mobile - +971 50 554 5891
Website - https://www.icc-cricket.com/about/integrity/anti-doping/code

Best Regards,
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ICC Medical and Anti-Doping Manager